



LUNCH MENU
SERVED 12.30 TO 5PM

STARTERS

<p>Todays Soup €5.95 <i>with our homemade brown bread</i></p>	<p>Char Grilled Haloumi Cheese €9.95 <i>with a roasted red pepper and mango salsa , served with toasted sourdough</i></p>
<p>Crab Tostada €11.95 <i>fresh crab, avocado, tomato salsa & sour cream served on a crisp tortilla</i></p>	<p>Chef's Chicken Liver Patè €8.95 <i>served with raspberry coulis and Melba toast</i></p>
<p>Gleesons Smokies €10.95 <i>selection of fresh and smoked fish in a light creamy dill sauce, served with Parmesan toast</i></p>	<p>Classic Caesar Salad €9.95 <i>with crispy bacon and Parmesan shavings (add chicken) €15.95</i></p>
<p>Tiger Prawns in Tempura Batter <i>with roasted red pepper creme fraiche (mains with rice)</i></p>	<p>As starter main €12.95 €21.95</p>
<p>Tiger Prawns Pil Pil <i>with chilli, garlic, white wine, olive oil (mains with rice)</i></p>	<p>€12.95 €21.95</p>
<p>Spicy Chicken Wings <i>served with celery and a blue cheese dip</i></p>	<p>Small Large €9.95 €13.95</p>

MAINS

<p>Roast Joint of the Day €15.95 <i>please ask server</i></p>
<p>Roast Chicken Supreme Wrapped in Crispy Bacon €16.95 <i>with herb stuffing and a traditional red wine and mushroom gravy</i></p>
<p>Chicken Piri Piri €16.95 <i>marinated spicy chargrilled chicken breast, with a rocket, parmesan & toasted pinenuts salad</i></p>
<p>Fillet of Fresh Plaice €18.95 <i>golden pan fried with a lemon beurre blanc</i></p>
<p>Fresh Lemon Sole Goujons €17.95 <i>lightly breaded and crispy fried, served with homemade tartare sauce</i></p>
<p>Dingle Hake €19.95 <i>oven Baked with a herb crust and served with prawn risotto</i></p>

Liver and Bacon €16.95
pan fried lambs liver and bacon, with red onion and port jus

Prime Irish Fillet Steak 7oz 10oz
€26.95 €32.95
char-grilled to your liking with either garlic butter or pepper sauce on the side

Beef & Guinness Pie €17.95
slow cooked sirloin of beef casserole, with onions and mushrooms and topped with puff pastry

Homemade 8oz Irish Beef Burger €13.50
add your topping - cheese, bacon, coleslaw, pepper sauce, fried egg €1.50 each

All above served with potatoes or French fries and fresh vegetables

Thai Chicken Curry €16.95
lean Irish chicken breast, cooked in Panang spices coconut milk and lime leaves, served with jasmine rice

Vegetarian Fried Falafel €16.95
a combination of chickpeas and spices pan fried and served with cherry tomato, black olive and feta cheese salad and a cucumber raita

Vegetarian Tortellini €15.95
filled with spinach and ricotta in white wine light pesto and sun dried tomatoes

SIDE ORDERS

French Fries	€3.95	Sauteed Onions Or Mushrooms	€3.95
Crispy Onion Rings	€3.95		

OPEN SANDWICHES

on 2 slices of our brown soda bread

Poached Fresh Organic Salmon €9.95
Mayonnaise
with lemon & dill

Chicken Tikka €7.95
with roasted red peppers

Free Range Egg Mayonnaise (g)(w)(e)(mk) €6.95
with chives

TOASTED SANDWICHES

Toasted Ham & Cheese €5.50

Toasted Special €5.95
Ham, cheese, tomato, onion

Tuna Melt €5.95

Chicken, Stuffing & Mayonnaise €5.95

Add french fries €3.95

Most of our dishes are coeliac adaptable, please ask server

Selection of Homemade Desserts €6.50

Suppliers include John O'Reilly, Wrights of Marino, Kish Fish and O'Loughlins

Allergens:

Gluten = (g), Crustaceans = (c), Eggs = (e), Fish = (f), Molluscs = (m), Soybeans = (s), Peanuts = (p), Nuts = (n),
Milk = (mk), Celery = (cy), Mustard = (md), Sesame Seeds = (ss), Sulphites = (sp), Lupin = (l), Wheat = (w)

Parties of 6 or more 10% service charge